

01/04/17-SHAC minutes

12p- Sandwiches, chips, and fruit were served.

Nurse Kirkpatrick started the meeting with discussing SHAC officers. Officers recommended were Marla Kzolovsky as Chair, Lisa Ivy as Vice Chair, and Lanette Morton as Secretary. This was approved by anonymous vote. Marla was unable to attend meeting. She will be asked to serve as the Chair, but if unable to Lisa Ivy will step in as Chair and Eric Collins as Vice Chair. Marla will be contacted by Nurse Kirkpatrick at a later date.

Betty Collins, from Central Office, is our speaker today. She presented first the SHAC Bylaws for review from last year. It was reviewed by the committee to reflect how our committee operates. There will be only one minor change to the presented Bylaws of Article IV D. It will be changed to a minimum of two High school/ Jr. High students may instead of shall serve on the committee. The Bylaws were approved with the minor change.

Betty Collins presented the Wellness plan from 2015-2016 for review. It was reviewed and determined that we as a district are compliant with nutrition guidelines and are meeting Smart Snack Requirements. We still stayed within our allowed 6 days per year of competitive food for fundraisers with the Fundraiser Exemption. This was determined after Principal's at each campus reviewing the items being sold on their campus in order to stay in compliance by meeting the Smart Snack Requirement. It was also determined after the Principal's review that we do promote healthy alternatives in the vending machines at the Jr. High & High school. At the Jr. High fruit is offered and at the High school Coke Zero and Water. Betty Collins opened the floor for any questions regarding the review. There were no questions. Evaluation of each campus was approved.

SHAC reviewed our goals for promoting Healthy eating. We discussed that our goals as a SHAC could be encouraging more physical fitness & more promotions on each campus for healthy eating and lifestyles. It was discussed as a committee it will be goal as the committee and will continue to strive to do so in the future.

The new Wellness Policy & Plan were presented by Betty Collins reflecting the review of each campus or organization that meets the Smart Snack requirements. The new Wellness Policy & Plan were reviewed by the members. The floor was open for any questions. Approved with signatures of the SHAC Vice Chair, Lisa Ivy, SHAC Coordinator, Hailey Kirkpatrick, RN, BSN, and Food Service Director Sandy Collins. The approved Wellness Policy & Plan will be presented to the School Board at their January meeting.

1:10p Meeting Adjourned